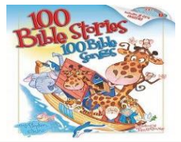
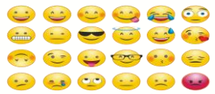
July 2026

"I love how summer just wraps its arms around you like a warm blanket." Kellie Elmore

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Morning Stretch 2:00 BINGO 3:30 Serenity Time Canada Day	**2** 10:30 Garden Projects 2:00 Balloon Tennis 3:30 Serenity Time 4:30 Karaoke	**3** 9:30 East Wing Activity Cart 10:30 Target Toss 2:00 Rock painting 3:30 Serenity Time	**4** 10:30 Patriotic Sing-A-Long 2:00 I Love America Jingo 3:30 Serenity Time Independence Day (U.S.)
5 10:30 Bible Bits 2:00 Bible Stories Bingo 3:30 Serenity Time 	**6** 10:30 Chair Yoga 11:00 Rosary 2:00 Afternoon Matinee 3:30 Serenity Time	**7** 9:30 East Wing Activity Cart 10:30 Lucky 7 dice game 1:15 Bible Study 2:00 Pastor Shirley 3:30 Serenity Time 4:30 Flip It	**8** 10:30 Giant Yahtzee 2:00 Courtyard Corn Hole 3:30 Serenity Time 	**9** 10:30 Garden Projects 2:00 BINGO 3:30 Serenity Time 4:30 Comedy Night 	**10** 9:30 East Wing Activity Cart 10:30 Father George & Rita Communion Service 2:00 Bean Bag Toss 3:30 Serenity Time	**11** 9:30 Pet Therapy 10:30 Morning Stretch & Meditation 2:00 Creative Corner 3:30 Serenity Time
12 10:30 Hymn Sing-A-Long 2:00 Pretty Nails 3:30 Serenity Time 	**13** 10:30 Brain Games 11:00 Rosary 2:00 The Three (4) Timers Entertainment 3:30 Serenity Time	**14** 9:30 East Wing Activity Cart 10:30 Movement to Music 2:00 Target Shoot 3:30 Serenity Time 4:30 Wheel of Fortune Bastille Day	**15** 10:30 Garden Projects 2:00 BINGO 3:30 Serenity Time 	**16** 10:30 Hit That Thing 11:30 Summer Cook Out 2:00 LCR Dice Game 3:30 Serenity Time 4:30 Jeopardy	**17** 9:30 East Wing Activity Cart 10:30 What Am I 2:00 Emoji BINGO 3:30 Serenity Time  World Emoji Day	**18** 10:30 10,000 Dice Game 2:00 Gemstone Tic Tac Toe 3:30 Serenity Time
19 10:30 Scriptures & Sermons 2:00 Residents Choice 3:30 Serenity Time	**20** 10:30 Baseball Trivia 11:00 Rosary 1:00 Food Committee 2:00 Resident Council 3:30 Serenity Time Women in Baseball Day	**21** 9:30 East Wing Activity Cart 10:30 Baseball Training 1:15 Bible Study 2:00 Pastor Shirley 3:30 Serenity Time 4:30 Engaged Senior Vintage Vault	**22** 10:30 Dice Baseball 2:00 BINGO 3:30 Serenity Time 	**23** 10:30 Garden Projects 2:00 Baseball Cups 3:30 Serenity Time 4:30 Random Trivia	**24** 9:30 East Wing Activity Cart 10:30 Ladder Toss 2:00 Movie Matinee "A League of Their Own" 3:30 Serenity Time	**25** 10:30 Christmas Karaoke 2:00 Christmas BINGO 3:30 Serenity Time Christmas in July
26 9:30 Pet Therapy 10:30 Hymns & Scriptures 2:00 Bible BINGO 3:30 Serenity Time	**27** 10:30 Fact Fishing 11:00 Rosary 2:00 Pretty Nails 3:30 Serenity Time facts	**28** 9:30 East Wing Activity Cart 10:30 Birthday BINGO 2:00 Monthly Birthday Bash 3:30 Serenity Time 4:30 Word Search	**29** 10:30 Dancercise 2:00 Live Music w/Nancy 3:30 Serenity Time 	**30** 10:30 Garden Projects 2:00 Prize Pong 3:30 Serenity Time 4:30 Karaoke 	**31** 9:30 East Wing Activity Cart 10:30 Skee Ball 2:00 BINGO 3:30 Serenity Time	

Complete Care at Harrington Court 59 Harrington Court Colchester, CT 06415 **All programs are subject to change** **Please call x7037 for any supply requests**